

## GRAND PACIFIC HOTEL

Escape, relax and unwind in our soothing surrounds and take advantage of a full range of therapeutic Day Spa services.

We proudly support Fijian made products using these for all our skin care treatments. We aim to provide you with a bounty of fresh organic extracts to hydrate, nourish and rebalance your skin.

Our Spa Therapists are fully trained and accredited. Please ask for our monthly specials, we would be delighted to discuss and assist you with the best treatment to suit your needs.

Visit GPH Spa today where we offer a range of blissful treatments using locally sourced and internationally acclaimed Fijian products.

### Spa Treatments

#### Coconut lime blossom body polish

Buff away dry skin cells with sugar rub followed by body mask to nourish & hydrating lotion which is high in vitamin C for brighter glowing skin - 90 mins \$180

#### Back Purifying treatment

A purifying back ritual is designed to eliminate impurities. A warm compress back cleanse, scrub & mask, followed by a back massage. Treatment concludes with a refresher facial - 75 mins \$150

#### Aromatherapy/Swedish massage

Exotic blends of oil combined with massage techniques helps to relieve muscle tension for deep relaxation - 30 mins \$75 / 80 mins \$180

#### Fijian Bobo/Deep tissue massage

Traditional massage techniques with deep & firm long strokes help to stimulate circulation and release tension - 30 mins \$75 / 60 mins \$135

#### Hot stone therapy

Warm stones are placed along pressure points & followed by therapeutic massage for deep relaxation - 60 mins \$150

# GPB DAY SPA

## FACIAL & SKIN CARE

### Hydro boost facial

Give your skin the ultimate moisture boost - 20mins \$70

### Hydrating / Firming facial

Boost the moisture into the dehydrated skin, plump the skin cells for the youthful appearances 60 mins \$120

### Purifying /Exfoliating facial

Purify your skin and eliminate pore clogging impurities with deep exfoliating facial - 60 mins \$120

## HANDS & FEET TREATMENTS

A mini Island weekly grooming treat for hands & feet. Deluxe Manicure/Pedicure - 60 mins \$75

### Essential Manicure / Pedicure

30 mins \$50

### Repolish

15 min \$25

## BEAUTY ESSENTIALS

Full leg wax	\$95
Half leg wax	\$60
Bikini wax from	\$45
Brazilian wax from	\$80
Lip / chin wax	\$25
Underarm wax	\$35
Eyebrow wax	\$20
Back / Chest from	\$45
Full arm wax	\$55
Half arm wax	\$35
Eye brow tint	\$25
Eye lash tint	\$25

## SPA OPTIONS

### Spa Package

Taste of Suva  
Coconut Crush Rub & massage  
90mins \$265

Journey of Spa  
Foot Reflexology,  
Hydro Facial  
& Express  
Mani / Pedi  
\$320

Sauna  
30mins \$30

Sauna / Steam Room  
Plus Jacuzzi  
30mins \$40

## SPA INFORMATION

Should I make a reservation for my treatment?

Yes, either phone or visit the spa to make the reservation at your earliest convenience.

What if I need to cancel a Spa reservation?

We hope you do not have to cancel. To avoid charges, please honor our 3 hours advance notice cancellation policy.

No shows or cancellations made with less than 3 hours notice will subject to a 50% fee.

May I request a specific therapist?

Yes, however we cannot guarantee the availability of any particular therapist. All our therapists are trained to ensure your comfort at all times.

May my children join me?

Absolutely! Children may enjoy our spa service as well. Please understand that children under 14 may not receive a spa treatment alone and must be accompanied by a parent or guardian.

*Gift Vouchers also available*

*For bookings or information please call: +679 922 6123 / + 679 322 2087*

*or email: [spaandgym@gph.com.fj](mailto:spaandgym@gph.com.fj) Inhouse Guest: 2087*

*Open Daily from 8.00am - 8.00pm*



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